

Heart Failure Admission

Order Set Instructions: Orders with a checked box are done unless lined out and initialed

Admit to Dr. _____ Inpatient Med/Surg Observation Telemetry ICU




Diagnosis Secondary Diagnosis: _____

Allergies NKDA _____

Condition Fair Serious Critical

Code Status Full Code DNR

Nursing Orders

- Education, disease process or condition
- Smoking cessation education (if patient is a current smoker or has quit within the last year) 
- Complete Influenza/ Pneumococcal Vaccine Order Sheet 
- Obtain latest Echo, Stress test, and/or Cardiac Cath report. Notify physician if no report available. 
- Complete DVT/PE Risk Assessment. Notify Admitting Physician for orders if Risk Factor is above 2
- Measure weight daily
- Measure height: _____
- Measure accurate Intake and Output every 8 hours and record
- Glucose, blood, point-of-care measurement 4 times a day, with meals and at bedtime

Vital signs every 4 hours _____

Oxygen via nasal cannula at _____ lpm

Oxygen via nonrebreather face mask at _____ lpm


BIPAP I _____ E _____ O2 _____

Pulse oximetry

Activity Bed rest Bed rest with bedside commode Bedrest with BRP
 Up to chair as tolerated Up ad lib with assistance Up ad lib

Diet NPO Regular diet
 Therapeutic diet, low sodium (2 gm) Therapeutic diet, diabetic _____ calorie
 Fluid-restricted diet restricted to _____ Other _____

Diagnostic Tests

- Echocardiogram with doppler (Schedule 2-3 days post discharge if not done in the past 6 months)
- Echocardiogram, transthoracic 
- Nuclear medicine, ventriculogram, radionuclide (MUGA)
- 12-lead ECG
- CXR AP/Lateral

Medications

- Saline lock, if indicated
- Sodium Chloride 0.9% 1000 ml _____ ml/hour
- acetaminophen (**TYLENOL**) 650 mg PO every 4 to 6 hours PRN for fever or pain
- zolpidem (**AMBIEN**) 5 mg tablet PO daily, at bedtime PRN for insomnia
- zolpidem (**AMBIEN**) 10 mg PO daily, at bedtime PRN for insomnia
- MILK OF MAGNESIA** 30 ml daily PRN for constipation



Heart Failure Admission

Medications (continued)

Nicotine Withdrawal Symptom Control

- nicotine (**NICODERM CQ**) 21 mg/24 hr transdermal film, extended release 1 patch transdermally daily; remove old patch before applying new patch
- nitroglycerin 2% topical ointment (**NITRO-DUR**) ___ inch every ___ hrs
- nitroglycerin** 0.4 mg sublingually every 5 minutes for 3 doses PRN for chest pain
- nitroglycerin** Initiate Nitroglycerin IV Drip Protocol
- clopidogrel (**PLAVIX**) 75 mg PO daily
- furosemide (**LASIX**) 40 mg IV 2 times a day
- furosemide (**LASIX**) ___ mg IV ___ times daily
- metolazone (**ZAROXOLYN**) 5 mg PO daily
- lisinopril (**PRINIVIL/ZESTRIL**) 10 mg PO daily
- lisinopril (**PRINIVIL/ZESTRIL**) 20 mg PO daily
- candesartan (**ATACAND**) ___ mg ___ daily

- docusate sodium (**COLACE**) 100 mg PO 2 times a day
- bisacodyl (**DULCOLAX**) 10 mg suppository rectally daily PRN for constipation

- carvedilol (**COREG**) 3.125 mg PO 2 times a day
- spironolactone (**ALDACTONE**) 25 mg PO daily
- digoxin (**LANOXIN**) 0.125 mg IV daily
- digoxin (**LANOXIN**) 0.25 mg IV daily
- simvastatin (**ZOCOR**) 20 mg PO daily, in the evening
- simvastatin (**ZOCOR**) 40 mg PO daily, in the evening
- aspirin** 325 mg PO daily
- aspirin** 81 mg tablet, chewable PO daily
- Other _____

Laboratory

- Blood gas, arterial
- Basic metabolic panel (BMP) in am
- CBC with diff in am
- CK-total every 8 hours X 3
- CK MB every 8 hours X 3
- Comprehensive metabolic panel (CMP)
- Digoxin level
- Lipid panel
- ProBNP

- PTT activated
- PT and INR
- Troponin-I every 8 hours X 3
- Magnesium (Mg) level, serum
- Phosphorus level, serum
- Thyrotropin (TSH)
- Urinalysis (UA)
- Other _____

Consults Consult to cardiology Dr. _____ for _____

Other Orders

- _____
- _____
- _____
- _____

Physician Signature: _____ Date: _____ Time: _____

